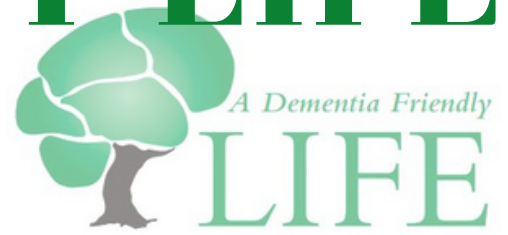


# LOOKING AT LIFE

Email Newsletter Issue #1, January 2024



## WELCOME!

Thank you for your interest and support of A Dementia Friendly LIFE. We look forward to updating you on all the fun things we have planned for the upcoming year, sharing meaningful content and encouraging each one of you on life's journey.

## NEW LOCATIONS:

2024 will be a year of growth for LIFE. With the support of the Good Neighbor Grant and the Wayne County Community Foundation, new memory cafes will be opening in Avon Lake and in Orrville, OH.



## SUPPORTERS SPOTLIGHT

*Sprenger Healthcare, has been a valued supporter of Life's Memory Cafes for quite some time. The Amherst Manor, The Elms, and Smithville Western are all regular lunch sponsors. Sprenger's has also helped with various fundraising activities, including a 5K run!*



SPRENGER



Thank  
you



## VALUABLE VOLUNTEERS

At LIFE, we appreciate all of our dedicated volunteers. However, we want to draw special attention to one in particular. Suzanne Srnis, recipient of the Busch Caregiver Award, supports our Amherst location with engaging crafts and art activities. She is a blessing to our organization and spends hours planning and preparing her activities that she shares on a weekly basis. Thank you, Suzanne!



## WEATHER WATCH

Staying safe is our #1 priority. When the weather gets bad, we will observe the same precautions used by the local school district. If school is closed, so are we!



SCAN HERE

## FRIENDS FOR LIFE

Did you know that you can set up a monthly donation to support A Dementia Friendly LIFE? Each donation helps to provide weekly activities and programs at any one of our Memory Cafe Locations. SIGN UP today and become a Friend for Life!







## TRY THIS AT HOME:

*Tongue twisters can be a fun and easy way to stimulate your brain. They are also a good way to work some laughter into your everyday routine. Here are a few to try:*

*A happy hippo hopped and hiccupped.  
A snake seeks to sneak a snack.  
Eleven benevolent elephants.  
Four furious friends fought over the phone.*

*Can you come up with a few, yourself?*

## SAVE THE DATE:

*The month of February will be our "Loving LIFE" fundraising campaign. Consider making a monetary donation or a commitment of your time during this month long effort. We truly appreciate your support all year long!*



## WWW.DFLIFE.ORG

*Lots of information can be found online at our website. Get the details on our locations, staff, calendar of events and helpful resources from the comfort of your home. If you prefer to speak with someone directly, please contact Carole Klingler at 440.935.3506.*

